



The Barrie Memory Clinic



www.c2centre.com



Phone: 705.315.4711

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A clinic devoted to the cognitive and emotional health of Adults and Older Adults in Simcoe County.

Housed within the established **C2 Centre for Brain Health**, the Barrie Memory Clinic has services tailored to the needs of Older Adults.

We offer comprehensive services for the assessment and intervention of cognitive, behavioural and / or emotional concerns that can arise in older adult populations.

Common Referrals:

- Concerns with cognitive impairment
 - What is age-related, what is not
- Diagnostic clarity
- Treatment recommendations

We offer multiple assessment options, ranging from a brief screening to comprehensive assessments, to our yearly cognitive assessment program.

Our clinical services for older adults:

- Psychological and neuropsychological assessment
 - Screening or comprehensive evaluations
- Psychological intervention
 - Individual or group-based treatment

Neuropsychology and older adults



*According to the Alzheimer Society of Canada, **nearly 1 million** Canadians are projected to be living with dementia in 2030.*

Clinical neuropsychologists have focused doctoral level training in empirically assessing cognitive, behavioural, and emotional functioning that is vital to diagnostic clarification.

Given their skillset, neuropsychologists are in a unique position to provide valuable information to aid in the healthcare of older adults and collaborate with teams to facilitate a multi-disciplinary approach to care.

*Neuropsychological assessment remains the clinical **gold standard** for differential diagnosis in cognitive impairment, dementia and other neurodegenerative diseases.*



C2 CENTRE
for brain health

Psychology · Neuropsychology



Neuropsychological assessment offers a systematic evaluation of higher-order cognitive abilities such as attention, memory, executive functions as well as emotional health factors.

The sensitivity of neuropsychological assessments are unique to the profession and can be helpful in distinguishing normal aging from pathological processes.

Neuropsychological assessment findings can provide information important for the prognosis or anticipated trajectory of any cognitive changes, to allow families time to plan.

Neuropsychological services are also important for patient and family education on understanding, coping, and managing age-related changes.

Neuropsychologists can provide non-pharmacological treatments for older adults with cognitive impairment, ranging from psychoeducation to cognitive compensation intervention.

C2 Centre for Brain Health

*An **established Neuropsychology clinic for Adults** in Barrie led by **Dr. Correne De Carlo, Neuropsychologist.***

A full-service psychology and neuropsychology clinic in the heart of Barrie offering empirically supported clinical services to support the healthcare of Adult and Older Adult populations in Simcoe County.

Clinical Services Include:

- Comprehensive Psychological Assessment
- Neuropsychological Assessment
- Clinical Consultation / Education Services
- Psychological Therapy
- Neuropsychological-informed Psychological Therapy

**To book an appointment, make a referral,
or for more information, get in touch:**



We accept self-referrals
info@c2centre.com



Referral form on website
www.c2centre.com



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